

The Correspondent

Early Intervention Program

Early Head Start

Wise Adult Day Health

Taunton Area School to Career

Volume 22, Issue 10



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October, 2017

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Pictured l-r: Debbie Howland, AHS Development Coordinator, Pat Murray, President, Bristol County Savings Bank, Linda Sternfelt, Vice President, Bristol County Savings Bank, Joseph Grivers, Mass Development, Judy Thomas, AHS CFO, Jerry Plouffe, Carol Sullivan, Kit Tunney, AHS Executive Director & President, Martin Kenney, Len Sullivan, and Lucy Provazza, AHS Board of Directors and Amy Conley, AHS Human Resources Director.



22nd Annual TASC BUSINESS RECOGNITION DINNER

at the
Taunton Holiday Inn
October 25, 2017
5:00 pm

For more information, call Dan LeBrun at 508-880-022, ext. 408



WINE & CRAFT BEER TASTING

TO BENEFIT

Associates for Human Services, Inc.

THURSDAY

November 9, 2017

RAYNHAM PARK (new location!!!)

1958 Broadway, Raynham, MA 02767

5:30—8:30 pm

Tickets—\$25 in advance, \$30 at the door

Wise Adult Day Health

by Nancy Pereira

New Proposed Regulations Threaten ADH Eligibility

On Sept. 22, 2017, the Executive office of Health and Human Services, conducted a public hearing in Worcester Massachusetts to hear testimony with respect to new proposed Adult Day Health regulations effecting the eligibility criteria for admission into these much needed services. The proposed regulations are focused only on skilled nursing services and activities of daily living care that are performed daily at the center, which would exclude certain individuals who are currently eligible and receiving services. For example, an individual experiencing early stage Alzheimer’s Disease, who does not require physical assistance at the center for their personal care, but who is completely unsafe being left alone at home due to the need for supervision, cueing and oversight, would no longer be eligible for Adult Day Health services. Individuals whose primary diagnosis is of a mental or behavioral health in nature would also be excluded under these proposed regulations. Program Director Nancy Pereira and caregiver, Carolyn Gravelin attended this public hearing to testify on behalf of adult day health programs and to ask that these proposed regulations be suspended as they will have a potentially devastating impact on frail elders and those with disabilities. “There was a good turn out from ADH programs from all over the state and many people gave moving and thoughtful testimony in support of why these proposed regulations should be suspended,” reports Nancy. If you are interested in knowing how you can advocate to suspend these proposed regulations, call Nancy at 508-880-0202 ext. 327 for more information.



Nancy Pereira speaks to a full house at the public hearing.



Carolyn Gravelin, a caregiver, spoke on behalf of Adult Day Health

Wise Adult Day Health Week

Wise participants enjoyed a fun filled week of entertainers and activities last month in celebration of Adult Day Health Week. Activity Director, Linda Kerr organized a full week of performers including newcomer, Janine Andrews. “Janine’s performance was outstanding! Such a beautiful voice and personality plus, to boot!” noted Program Director, Nancy Pereira. “The week was quite literally bursting with amazing performances! Pamela Tietze, the Singing Nurse is like a Disney princess, simply joyous for eyes and ears to behold; Russ Morency gets everybody going with smooth vocals and country flare and who can resist the fun and fur of Stephen Brenner’s Magic and Balloon Show, complete with his traveling menagerie?” It truly was a festive week for all!



Dottie is “cutting a rug” with the Singing Nurse Pamela Tietze.

Adult Day Health Services

Wise Adult Day Health is a day support service for adults experiencing health care related issues or whose ability to function independently is limited. Wise is designed to provide quality services, including daily leisure, recreational and preventive health activities to aging or disabled individuals. An R.N. oversees all health-related activities, including restorative and maintenance therapies, nutritional consulting, and participant/caregiver training in preventive health. A nutritious breakfast and lunch is served daily along with two snacks. In accordance with Federal law and U.S. Department of Agriculture policy, AHS will not discriminate on the basis of race, color, national origin, sex, age or disability. For more information or referrals, please call the Wise Program Director, Nancy Pereira, at 508-880-0202, ext. 327.

Early Childhood Programs

Early Intervention

Early Head Start

Staff Spotlight

Kristen Cabral is October's Highlighted Early Intervention staff person. Kristen began at AHS EI in September of 2014. Kristen holds an Associate's degree in Early Childhood Education and Criminal Justice from Bristol Community College, a Bachelor's degree in Human Development with a minor in Early Education from Lesley University and a Master's degree in Special Education from American International College Springfield. Kristen has over 25 years of experience working as a Preschool Director, Behavioral Educator with children who have been diagnosed with Autism, Case Manager, Tutor and as a Special Education Teacher in New Bedford and Fall River Public School Systems. Kristen brings her knowledge by leading EI child playgroups, and coordinates services for children and families on her caseload. She is skilled in using SCERTS (social communication emotional regulation transactional support) program and strategies that are part of the child's plan. Kristen is passionate about offering the services the children and families need and guiding families with necessary resources. Thank you, Kristen, for your three years of services devoted to the children and families.



Halloween Safety Tips

Everyone loves a good scare on Halloween, but not when it comes to child safety. There are several easy and effective behaviors that parents can share with kids to help reduce their risk of injury. Top Tips:

- * Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors. Since masks can sometimes obstruct a child's vision, try non-toxic face paint and makeup whenever possible.

- * Have kids use glow sticks or flashlights to help them see and be seen by drivers.

- * Children under the age of 12 should not be alone at night without adult supervision.

- * When selecting a costume, make sure it is the right size to prevent trips and falls. *Source: <http://www.safekids.org/halloween>*

Fire Safety for Young Children

Following are some ideas to introduce fire safety to your little ones in a fun but educational way.

1. **Talk When Kids Are Calm:** Find a time to visit when your child is calm, fed, and interested. Connect the talk to something concrete or relevant: light a candle, talk about the fire engine passing by, point out the sound of a siren.

2. **Tour a Fire Station:** Most fire stations welcome tours by families or groups. Just give them the courtesy of an advance phone call. Make sure that the person who gives the tour knows your child is young and that you are introducing the concept of fire safety.

3. **Stop, Drop, & Roll Games:** We all remember the saying "stop, drop, and roll" in case we see fire on our clothes. Help your child learn the phrase by turning it into a game.

4. **Practice Going to a Meeting Spot:** Talk about the importance of getting out of the house if there is a fire. Choose a spot away from your house where the family will meet in a fire emergency – then practice meeting there!

5. **Read Some Books:** Books are a great way to introduce concepts to little ones.

7. **Donate Stuffed Animals:** Looking for a volunteer opportunity that your children can get involved in too? See if your local fire department has a program where the firefighters give stuffed animals to children who are involved in fires.

- 9: **Fire Drills:** Rehearse, rehearse, and rehearse.

Talking about what to do is helpful, but nothing will ingrain it in your child's head like actually doing it. Practicing how to react is the single most effective way to ensure your child will react safely if confronted with danger. So make a plan, then practice it. Practice listening for the smoke detector (test it so they know what it sounds like), crawling under the smoke to get outside to your meeting place, feeling the doors, etc. Make it a game, but make sure they know the steps.

Sources: <http://codenamemama.com/2010/06/03/fire-drills/>

Early Childhood Programs ...

Early Head Start Program is a federally funded program that provides comprehensive services to families who are pregnant or have children between the ages of birth to 3 and meet income guidelines. Call Georgianna Ouellette at 508-880-0202, ext. 355 for more information or to make a referral.

Early Intervention Program is an integrated developmental service available to families of children, between birth and three years of age, for whom there are developmental concerns due to identified disabilities, certain birth circumstances, or environmental circumstances (e.g. cerebral palsy, prematurity, homelessness) or show a delay in one or more areas of development. Please call Zulmira Allcock at 508-880-0202, ext. 302 for more information or to make a referral.

Early Childhood Programs

Early Intervention

Early Head Start

Safe Sleep Steps

1. Baby should sleep alone in a crib, portable crib or bassinet.
 2. Always put baby on back to sleep even when he/she can roll over.
 3. No pillows, blankets, comforters, stuffed animals or other soft things should be in the sleep area.
 4. Keep baby's face uncovered during sleep for easy breathing. Use a sleeper instead of a blanket.
 5. Don't allow anyone to smoke around the baby.
 6. Don't overheat the baby. Dress the baby in as much or as little clothing as you are wearing.
 7. Use a firm mattress with a tightly fitted sheet.
 8. Place baby in the same sleep position every time.
- Please share this information with all family, friends, and other child care providers who may care for your baby to ensure they follow the safe sleep steps.

WARNING!

Babies are dying because they are put to sleep in places that are not safe. Babies always need a safe sleep place. Parents whose babies have died want other parents to know:

- Babies are not safe sleeping on a couch, pillow or anything soft.
- Babies are not safe sleeping with other children, adults or pets.
- Babies are not safe sleeping in adult beds. If you feed your baby in bed, put your baby back into his/her crib to sleep.

Safe Sleep Checklist

- Does your baby sleep and nap in a crib, portable crib or bassinet approved by the U.S. Consumer Product

Commission (CPSC)?

Tummy Time

When babies are awake, they occasionally need to be on their tummy, but only if someone is watching. If the

baby falls asleep on his/her tummy, place the baby on his/her back to sleep in a safe sleep place.

Source: *Infant Safe Sleep*, <https://www.healthychildren.org/English/ages-stages/baby/sleep/Pages/Back-to-Sleep-Tummy-to-Play.aspx>



Preventing Childhood Falls

The majority of fall-related injuries in children ages birth to 5 occur at home.

Most infant falls are from furniture, stairs or baby walkers. Caregivers should cover sharp furniture corners with padding, use safety gates to block access to stairs and avoid using mobile baby walkers. Babies can be injured by rolling off furniture such as a changing table, an adult bed or a sofa. Use the safety strap that comes with the changing table or place the changing pad on the floor to change the baby.



Most toddler falls are from windows and balconies. Caregivers should move furniture away from windows to prevent children from climbing. Screens are designed to keep bugs out; they don't keep children in. Caregivers should install window guards and secure balcony doors with child-resistant latches.

Children of all ages are often injured when jumping on furniture. These activities should be replaced with more appropriate choices. Source: *DCF Office of Family Safety Training Bulletin, September 2008*

Eye Health (0 to 5 years)

Proper vision screenings and examinations are essential for early detection and intervention of vision problems in children. Newborns should have their eyes checked before leaving the hospital. The examination in the nursery is for general eye health and includes a red reflex test. The exam can help detect several congenital eye problems, some of which may lead to blindness.

During well baby exams from birth to 2 years of age, your child's pediatrician will use history and a vision evaluation to determine if vision problems exist. From ages 3 to 10, well-child exams should include vision screenings to assess visual acuity and ocular alignment.

If there is ever a concern during a vision screening, your child should be referred for a comprehensive eye examination by an optometrist or ophthalmologist. The American Optometric Association recommends that in addition to screenings offered by primary care physicians, comprehensive eye examinations should be scheduled for ages 6 months, 3 years and 5 years for all children, regardless of vision concerns.

Source: <http://www.envisionus.com>

Taunton Area School to Career

Business Recognition Dinner



Empowering Youth to Succeed



22nd Annual BUSINESS RECOGNITION DINNER



"Choice, Opportunity, Support"

TAUNTON AREA SCHOOL TO CAREER cordially invites you to attend the

22nd Annual Business Recognition Dinner

Wednesday, October 25, 2017
 Holiday Inn Taunton
 700 Myles Standish Boulevard, Taunton, MA

5:00 pm - Cocktails & Silent Auction
 6:00 pm - Dinner • 6:30 pm - Remarks
 Music by "Johnny B"

Appreciation Awards
 General Dynamics Mission Systems
 Princess House
 United Way of Greater Attleboro/Taunton
 Mayor Thomas C. Hoye, Jr., City of Taunton

Silent and Live Auctions:
 Tickets to Disney, one week stay in Kinvara, Ireland
 Boston Opera House Tickets, Cape Cod Resort package,
 Golf Foursomes, Car Detailing, Spring/Fall Cleanup,
 and a 50" Flat Screen TV Door Prize!

Who Was Your Mentor?

Who helped you become the person you are today? Who influenced you? Who was there to model, guide, inform and support you along the way? Chances are there were several people. Maybe for you it was your parent or guardian, spouse, sibling, teacher, boss, or friend. Maybe it was all of them. They are your mentors.



Some young people aren't quite as fortunate. For any number of reasons, their mentor circle is not as strong, able or complete. That's where you come in. Become a mentor!

TASC/AHS Career Mentor Program is recruiting mentors for our 2017-18 program. Most of the high school students in our program just need a little support and direction. Pretty much, they don't know what they want to be when they grow up. Most of us can identify with that! Our mentors help them discover the opportunities available to them, explore their options and understand the connection between education and their goals. Sometimes, it is just a matter of having someone listen to them. If you think you could be that person; why not consider becoming a mentor?

The need for mentors is greater than ever. You can help. Become a mentor! It is a fantastic way to make a positive difference in the life of a high school student. If you know of someone (or more than one someone); a colleague or friend who you think would be great mentor, encourage them too!

You, and they, can contact: Trish O'Brien at Tobrien@ahsinc.org or 508-880-0202 x409.

Mentor Breakfast



TASC held a Career Mentor Appreciation and Recruitment Breakfast recently. Coffee, bagels, muffins and fruit were served to returning and prospective mentors. The breakfast served as an informal thank you for the commitment and dedication offered by returning mentors. There were mentors who have returned year after year. Some are about to begin their 11th year of mentoring.

This was a great opportunity for prospective mentors to learn what it means to be a TASC Career Mentor. Conversation filled the room as returning mentors shared their knowledge and experiences with prospective mentors, and prospective mentors gathered valuable information about how the program runs, the commitment involved and the support provided. As was clearly stated by returning mentors, "We have each other's backs." Mentors also voiced that, "The program staff make being a mentor easy."

Taunton Area School to Career is aimed at *Empowering Youth to Succeed* - by *Bridging Business and Education to Improve Tomorrow's Workforce*. It is a partnership of employers and school systems in Greater Taunton that offers at-risk teens and other high school students a variety of high-quality, career development experiences. TASC ultimately contributes to the economic and social well-being of the community by affording youth the kinds of opportunities that help them develop the skills necessary for living and working in the 21st century. For more information or referrals, please call Dan LeBrun, at 508-880-0202, ext. 408.

Resource/Information Page

Down Syndrome Awareness

October is Down Syndrome Awareness Month.

1. People with Down Syndrome have 47 chromosomes instead of the typical 46. How does it happen? There is an extra copy of the 21st chromosome.
 2. Down Syndrome is not an illness or disease (you can't catch it), it is a genetic condition caused by the presence of an extra 21st chromosome. What else is determined by your genetic makeup? The color of your eyes, the color of your hair, or how tall you are.
 3. It is Down Syndrome, not Downs, and people **have** Down Syndrome they are **not** Down syndrome. Rather than saying, "Nichole is Downs" say, "Nichole has Down syndrome." Down syndrome does not define individuals, it is simply a part of who they are.
 4. People don't have "mild" Down Syndrome, or "severe" Down Syndrome. Ability is not dependent on the condition, but rather the individual. People either have Down Syndrome or they don't.
 5. Children with Down Syndrome go through the same stages of development as typical children do. The difference? Compared to their peers, it takes kids with Down Syndrome longer to achieve milestones. Things like rolling over, crawling, walking, talking, etc.
 6. There are three types of Down Syndrome. T21 (Trisomy 21), born with three #21 chromosome, is the most common, Translocation Down Syndrome, when part of chromosome 21 becomes attached (translocated) onto another chromosome and Mosaic Down Syndrome, where only some cells have an extra chromosome, but other cells in the body are typical.
 7. All people with Down Syndrome experience cognitive delays, but the effect is usually mild to moderate and is not indicative of the many strengths and talents that each individual possesses.
 8. Not all kids/people with Down Syndrome are the same. Knowing one person with Down Syndrome, does not mean that all people with Down Syndrome are the same. We are all individuals, all of us, regardless of how many chromosomes we have.
 10. Adults with Down Syndrome are not "perpetual children," they are adults, and they happen to have Down Syndrome.
 11. Kids with Down Syndrome do best in an inclusive learning environment, and typical kids do best when they learn about diversity, kindness, and friendship at an early age. Inclusive classrooms teach and benefit all kids.
 12. People with Down Syndrome contribute to their families, their schools, their coworkers, their employers, and society.
 13. Siblings of kids with Down Syndrome are not affected negatively; on the contrary, most siblings report that their relationships is one of the greatest gifts in their lives
 16. If someone you know has a baby born with Down Syndrome, say "Congratulations on the birth of your baby!"
 17. People with Down Syndrome are aware of how people perceive them, and they care. They get their feelings hurt.
 18. People with Down Syndrome have hopes and dreams. They too want to make a difference in this world (and they do).
 19. The word "retarded" is offensive, it hurts. People with Down Syndrome deserve respect.
 20. Kids and adults with Down Syndrome have much to say. They have thoughts, ideas, and enjoy meaningful conversations. Take the time to listen and be a friend to someone with Down Syndrome!
 21. Down Syndrome is the most common genetic condition. One in every 691 babies is born with Down Syndrome in the United States.
 22. Most families are living and loving life with Down Syndrome. If you don't know someone with Down Syndrome, you are missing out.
- Source: <http://www.ellenstumbo.com/31-facts-about-down-syndrome/>

Avoid Caregiver Burnout

Taking on all of the responsibilities of caregiving without regular breaks or assistance is a surefire recipe for burnout.

Don't try to do it all alone. Look into respite care. Enlist friends and family to run errands, bring a hot meal, or "baby-sit" the care receiver so you can take a well-deserved break.

Tips for getting the caregiving help you need

Speak up. Don't expect friends and family members to know what you need or how you're feeling. Be up front about what's going on with you and the person you're caring for.

Spread the responsibility. Try to get as many family members involved as possible. Even someone who lives far away can help. You may also want to divide up caregiving tasks. One person can take care of medical responsibilities, another with finances and bills, and another with groceries and errands.

Say "yes" when someone offers assistance. Don't be shy about accepting help. Let them feel good about supporting you. It's smart to have a list ready of small tasks that others could easily take care of, such as picking up groceries.

Be willing to relinquish some control. Delegating is one thing. Trying to control every aspect of care is another. People will be less likely to help if you micromanage, give orders, or insist on doing things your way.

Give yourself a break

Leisure time may seem like an impossible luxury. But you owe it to yourself to carve it into your schedule. Give yourself permission to rest and to do things you enjoy.

There's a difference between being busy and being productive. If you're not regularly taking time-off to de-stress and recharge your batteries, you'll end up getting less done in the long run. After a break, you should feel more energetic and focused, so you'll quickly make up for your relaxation time.

Maintain your personal relationships. Don't let your friendships get lost in the shuffle of caregiving, these relationships will help sustain you and keep you positive. If it's difficult to leave the house, invite friends over to visit with you.

Prioritize activities that bring you enjoyment. Make regular time for things that bring you happiness, whether it's reading, working in the garden, tinkering in your workshop, knitting, playing with the dogs, or watching the game.

Find ways to pamper yourself. Small luxuries can go a long way in relieving stress and boosting your spirits. Light candles and take a long bath. Get a manicure. Buy fresh flowers for the house.

Make yourself laugh. Laughter is an excellent antidote to stress—and a little goes a long way. Read a funny book, watch a comedy, or call a friend who makes you laugh.

Get out of the house. Seek out friends, family, and respite care providers to step in with caregiving so you can have some time away from the home.

Join a support group

A caregiver support group is a great way to share your troubles and find people who are going through the same experiences that you are living each day.

Source: <http://www.helpguide.org/articles/stress/caregiving-stress-and-burnout.htm>

Resource/Information Page

It IS Easy Being Green

by Chrissy Collins

Fall is soup time, my favorite time of year! Sharing a meal fosters connection and simply feeds your soul. Bake or buy a loaf of bread and make soup. Happiness will come.

Our family favorite Fish Stew

6 tbsp olive oil
 1 large onion
 2 cloves of garlic chopped finely
 2/3 cup chopped fresh parsley
 1 cup chopped fresh tomato (medium sized tomato)
 3 tsp tomato paste
 8 oz clam juice
 2/3 cup dry white wine
 1 1/2 lbs. fish fillets of a white fish on sale (halibut, cod, sole or sea bass)
 Sprinkle of oregano, Tabasco, thyme, pepper, and salt.

Heat oil in pot at medium heat. Add onions and garlic. Sauté this for 4 min. Add parsley, tomato paste and tomatoes and gently cook for 10 min. Add seasoning, wine, clam juice and fish. Simmer until fish is cooked (10 min). Serve immediately.



Pumpkin & Apple Picking



Picking a pumpkin is a fun fall activity your toddler will love doing. Find a local pumpkin patch and make a day out of it. This can become an annual tradition for your family. Each kid, regardless of age, enjoys this activity.

- * **Keith's Farm** - 1149 Main St, Acushnet, MA 02743
- * **Simcock Farms** - 361 Marvel Street, Swansea, MA 02777
- * **The Silverbrook Farm** - 934 Main Street, Acushnet, MA 02743
- * **C.N. Smith Farms** - 325 South Street, East Bridgewater, MA 02333.

Many of these farms also do apple picking, another fun activity for the whole family.

Source: <http://www.pickyourown.org/massapples.htm>

October Awareness

October is **Down Syndrome Awareness Month**, a chance to spread awareness. During the month of October, we celebrate people with Down Syndrome and make people aware of their abilities and accomplishments. It's not about celebrating disabilities, it's about celebrating abilities.

October is also **Domestic Violence Awareness Month**. Domestic violence is a pattern of behavior which involves violence or other abuse by one person against another in a domestic setting. Intimate partner violence is violence by a spouse or partner in an intimate relationship against the other spouse or partner. Domestic violence can take a number of forms including physical, verbal, emotional, and sexual abuse.

For nearly 20 years, the National Domestic Violence Hotline has been the vital link to safety for women, men, children and families affected by domestic violence. Trained advocates are available to take your calls through the toll free, 24/7 hotline at 1-800-799-SAFE (7233).

Breast Cancer Awareness Month (BCAM), also referred to in America as National Breast Cancer Awareness Month (NBCAM), is an annual international health campaign organized by major breast cancer charities every October to increase awareness of the disease, and to raise funds for research into its cause, prevention, diagnosis, treatment and cure. The campaign also offers information and support to those affected by breast cancer. The aim of Breast Cancer Awareness Month from the start has been to promote mammography as the most effective weapon in the fight against breast cancer.

On October 22, 1982, President Ronald Reagan proclaimed October as **Head Start Awareness Month**.

The National Head Start Program has helped over eight million low-income pre-school children and their families. In so doing, it has earned recognition and support for its success in early childhood education and development.

Perhaps the most significant factor in the success of Head Start has been the involvement of parents, volunteers, and the community. Their commitment and the services provided by dedicated Head Start and Early Head Start staff have been instrumental in creating a quality program that truly provides young children with a "head start" in life."

Sources: <http://www.neighborhoodhouse.org/national-head-start-month-celebrated-in-october/#sthash.NdVPYjdY.dpbs>
https://en.wikipedia.org/wiki/Domestic_violence
https://en.wikipedia.org/wiki/National_Breast_Cancer_Awareness_Month

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"Choice, Opportunity, Support"

Check out our
web site!

www.ahsinc.org



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www.facebook.com/AHSInc

Wish List

If you have an item you'd like to donate, please let program staff know, or call 508-880-0202, ext 333.

- * Magazines
- * Soft Tissues

Useless Trivia

- * Daffy Duck's middle name is "Dumas".
- * The state of Florida is bigger than England.
- * A duck's quack doesn't echo.
- * Months that begin on a Sunday will always have a 'Friday the 13th'.
- * Oak trees do not produce acorns until they are fifty years of age or older.
- * The word Pennsylvania is misspelled on the Liberty Bell.

Special Days to Celebrate in October

Breast Cancer Awareness Month
Domestic Violence Awareness Month
National Diabetes Month
Down Syndrome Awareness Month

1st - World Vegetarian Day
3rd - National Boyfriend's Day
5th - Do Something Nice Day
5th - World Teacher's Day
6th - Physician Assistant Day
8th - Oktoberfest
9th - Columbus Day
9th - Fire Prevention Day
11th - Emergency Nurses Day
13th - Friday the 13th
14th - National Dessert Day
16th - Bosses' Day
17th - National Pasta Day
18th - No Beard Day
19th - Evaluate Your Life Day
21st - Sweetest Day
22nd - Mother-in-Law Day
24th - United Nations Day
27th - Navy Day
28th - Make a Difference Day
31st - Halloween
Week 2 - Fire Prevention Week

Successful Spaghetti Supper!!

The 23rd Spaghetti Supper & Raffle was a great success! It was our most successful to date! It was a sold out event, serving almost 300 people with over 100 items in the raffle.

Thank you to all the sponsors, donors, supporters, friends, families, staff and volunteers that help to make this event so great!